



# St Luke's School



School website = [www.stluke.sch.je](http://www.stluke.sch.je)

Facebook = [St Luke's School Jersey](https://www.facebook.com/StLukeSchoolJersey)

Dear Parents,

Happy New Year & welcome back to a new and exciting term! I hope you have all kept safe over the past few weeks and were able to enjoy the festive season. On behalf of the school team, very grateful thanks for all your Christmas gifts, and cards messages which were hugely appreciated. We have fingers and toes crossed, hoping that this will be a calm, uninterrupted term.

It was wonderful to see the children absolutely loving the opportunity to play in the snow this week, a very rare event for Jersey! Spring Term Curriculum Letters will be heading your way soon - please read them carefully to find out what your child will be learning this term and how you can support at home. Any questions or queries please contact your child's teacher.

## Spring Term Dates

### January

Thursday 4th - Back to School!

**Thursday 18th - Child Led Parent consultation 1 (from Autumn term)**

Friday 19th - Spring Curriculum Letter out

### February

**Thursday 1st - Child Led Parent consultation 2 (from Autumn term)**

Friday 9th - Parent Survey opens

12th - 16th Half Term

Friday 23rd - Parent Survey closes

### March

Thursday 7th - Child Led Parent consultation 1

Thursday 14th - Child Led Parent consultation 2

Wednesday 27th - Last Day of Term & Easter Church service (1:45pm)

### April

Monday 15th - **INSET Day (School is closed)**

Tuesday 16th - Back to School

## Staffing update

We welcome Ms Harrison, Mrs De Sousa and Miss Shaw to St Luke's school, joining our support team this term. I am sure everyone will make them feel very welcome.

## Reminder: Autumn Parent Consultations

We have added in replacement dates for the 2 missed Autumn "Child-led" consultations.

Appointments made for November have been transferred to the new dates (see Spring Term dates) You will have received an email reminder of the time. If there are any problems or you would like to book an alternative appointment please contact school.

Please make sure you bring your child with you as they will be leading the meeting! 😊

## Cold Weather!

As the temperature drops please can we ask that children come to school wearing their winter uniform and appropriate coats, hats, scarves and gloves. Thank you for your support with this.





### Medication in school

Please can we remind everyone about our Medication in School policy - full policy is available in the policies section on our school website ([www.stluke.sch.je](http://www.stluke.sch.je)).

Please note that requests for the administration of Calpol or Nurofen will only be considered for pain relief. If a child requires this type of medication for other reasons (e.g. to reduce a temperature) school will question if the child is well enough to be in school. Thank you for your understanding with this.

### No Nuts or Peanuts

Please can we remind everyone that we are a nut/peanut free school. We have several children and staff who are severely allergic and as such we ask that you don't place these items in your child's lunchbox. Thank you for your support and understanding with this.



### Reminder about the importance of good attendance

Every lesson counts!	100%	Excellent
Equates to 4 school days off each year.	98%	Impressive
Equates to 7 school days off each year.	96%	Good
Equates to 9 school days off each year.	95%	Nearly there
Equates to 11 school days off each year.	94%	Needs to improve
Equates to 1 month off school each year.	90%	DANGER ZONE!
Equates to 1.5 months off school each year.	85%	
Equates to 2 months off school each year.	80%	

### Message from Health Department

Our Family Food and Fitness Programme is a free programme available to families with primary school children, who are above a healthy weight. Over twelve weeks, they will learn how to make nutritionally balanced meals and take part in cooking and fun, physical activities. The sessions are delivered by Registered Dietitians, a Psychologist and Jersey Sport physical activity and behaviour change coaches after school at Haute Vallee School. The programme aims to help families develop and sustain healthy lifestyles and assist children to grow into a healthier weight.

Parents can self-refer their children to the programme, or they can be referred by a Healthcare professional.

#### [Self-referral link](#)

We are launching a Portuguese Family Food and Fitness Programme next week (11<sup>th</sup> January 2024) and re-starting the English programme in April (17<sup>th</sup> April 2024).

