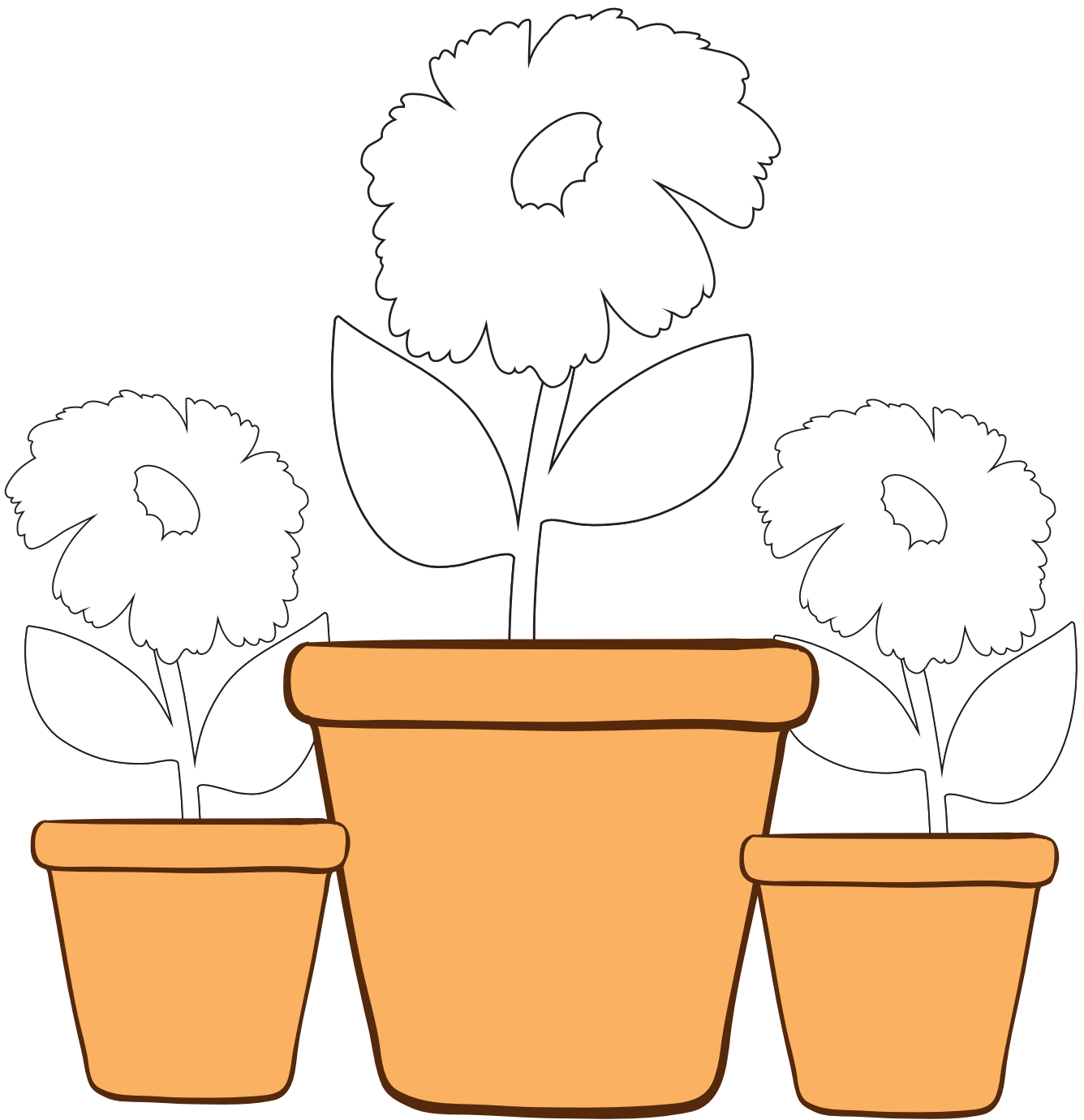


# CREATE YOUR GARDEN

SPENDING TIME BEING CREATIVE WILL HELP  
CALM YOUR MIND AND THOUGHTS.



COLOUR THE PLANTS IN WHATEVER COLOURS YOU LIKE  
AND TRY TO MAKE PATTERNS ON YOUR PETALS.