

Card 23 - Omelette



You will need:

- A knob of butter
- 2 large eggs
- A whisk and a spatula
- A mixing bowl
- A frying pan

1. Whisk the eggs in the mixing bowl until there are no bits of white.
2. Heat the butter in the frying pan until it starts to sizzle and foam. Don't let it go brown.
3. Add the eggs into the pan in one go, and swirl them around so that they cover the whole of the pan.
4. As soon as the mixture starts to set, use the spatula to pull the sides of the omelette into the centre of the pan. As you do this, shake the pan so any liquid egg fills the gaps.
5. Fold the omelette in half and lift onto a plate with the spatula.

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Questions

- R** 1. What ingredients do you need to make an omelette?
- R** 2. Why should you 'shake the pan' in step 4?
- U** 3. How do you know when to add the eggs?
- A** 4. What would happen if you used two small eggs instead of large ones?
- A** 5. Why should you use the spatula to lift the omelette?
- E** 6. Sometimes, it's nice to add cheese. When do you think you would do this? Why?
- C** 7. With an adult to help you, make your own omelette at home. You'll need to write your own instructions.

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Card 24 - In Bed



Its foul breath made me open my eyes. Eyes, yellow and cold, were fixed on mine. Its snout was pressed against my nose; drooling white teeth were glinting from under it. I could feel its paws pressed upon my heaving chest. It was pressing down on me, but I couldn't feel its weight.

I tried to scream, but I couldn't. I wanted to shout for my mum, my dad, anyone. The beast's deep, rumbling growl seemed to vibrate my whole bed. I was trapped. I couldn't move. My breath was coming in so quickly, I was getting dizzy.

As it opened its gaping mouth, I let out a soft whimper and shut my eyes. Nothing happened...

I opened my eyes. It had gone.

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Questions

- R** 1. What made him open his eyes?
- U** 2. What does 'my heaving chest' mean?
- A** 3. What was the beast going to do to him? How do you know?
- A** 4. Why do you think he shut his eyes?
- A** 5. Why do you think he couldn't scream?
- E** 6. Why do you think 'it had gone' in the last sentence?
- C** 7. Using the description from the text, draw a picture of the beast.

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