



Care



Challenge



Achieve



Making sure that children are taught about how to keep themselves safe.

Article 19 Governments must do all they can to ensure that children are protected from all forms of violence, abuse, neglect and bad treatment by their parents or anyone else who looks after them.

St Luke's School Safeguarding in PSHE

The Context for Safeguarding Education

All schools have responsibilities relating to the safety of children in their care. The following paragraphs in the statutory guidance – Jersey Keeping Children Safe in Education (J-KCSIE) 2025, states:

49. The nursery/school/college should provide pupils with opportunities to discuss issues and report problems affecting their safety and welfare. The nursery/school/college should teach children about keeping themselves safe and ensuring they know who to approach for help.

244. Nursery/school/college have a key role in educating children and young people about the dangers and importance of keeping themselves safe... should be taught within the PSHE curriculum...

Appendix D: Roles and Responsibilities, section 6: “Opportunities to safeguard children through teaching.”

Appendix J: section 10 Next Steps: “Other interventions may target a whole class or year group work in line with the school PSHE schemes of work”.

Appendix K section 11 Preventative Strategies: “A strong PSHE curriculum tackles such issues...”

Our PSHE Programme of Study has been taken from the PSHE association and adapted to fit the needs of the children at St Luke's. It includes suggested resources, training and quality key texts and is supported by the United Nations Convention of the rights of the child (UNCRC) and Jersey Keeping Children Safe in Education.

The Programme of study is broken down into three core themes:

- Core theme 1. **Relationships**
- Core theme 2. **Living in the Wider World**
- Core theme 3. **Health and Wellbeing**

Key Stage One		
	Suggested Training / Resources / Books	Article
<u>Bullying (including peer on peer abuse)</u> <i>Physical harm, cyber bullying</i> POS Autumn: Relationships • Friendships and families • Safe relationships • Respecting ourselves and others	• Ollie and the Golden Stripe by Alison Knowles • Tomorrow I'll be kind by Jessica Hische • Have You Filled A Bucket Today? by Carol McCloud • How to Be a Friend - By Laurie Krasny Brown	Article 19 Governments must do all they can to ensure that children are protected from all forms of violence, abuse, neglect and bad treatment by their parents or anyone else who looks after them.
<u>Extremism and Radicalisation</u> POS Autumn: Relationships • Safe relationships POS Spring: Living in the wider world • Belonging to a community POS Summer: Health and wellbeing • Keeping safe	• Fairytale Gone Wrong: You're Not Ugly, Duckling! • A Story about Bullying by Steve Smallman • And tango makes three by Justine Richardson • All are Welcome by Alexandra Penfold • What if everybody did that? By Ellen Javernick • www.educateagainsthate.com <u>Suggested Training</u> • Prevent	Article 2 The Convention applies to everyone: whatever their race, religion or abilities, whatever they think or say, whatever type of family they come from. Article 14 Every child has the right to think and believe what they want and to practise their religion, as long as they are not stopping other people from enjoying their rights. Governments must respect the rights of parents to give their children information about this right.
<u>Discrimination</u> Faith abuse POS Autumn: Relationships • Respecting ourselves and others • Safe relationships POS Spring: Living in the wider world • Belonging to a community	• My world, your world by Melanie Walsh • Tomorrow I'll be kind by Jessica Hische • All are Welcome by Alexandra Penfold <u>History Curriculum</u> – Rosa Parkes (Year 2)	Article 2 The Convention applies to everyone: whatever their race, religion or abilities, whatever they think or say, whatever type of family they come from. Article 14 Every child has the right to think and believe what they want and to practise their religion, as long as they are not stopping other people from enjoying their rights. Governments must respect the rights of parents to give their children information about this right. Article 15 Every child has the right to meet with other children and to join groups and organisations, as long as this does not stop other people from enjoying their rights. Article 23 A child with a disability has the right to live a full and decent life with dignity and independence, and to play an active part in the community. Governments must do all they can to provide support to disabled children.

<u>Drugs and substance abuse</u> POS Summer: Health and wellbeing • Keeping safe • Physical health and mental wellbeing	• The children's book of healthy habits by Sophie Giles <u>Suggested Training:</u> Parental drug and alcohol misuse and safeguarding children	Article 33 Governments must protect children from the use of illegal drugs.
<u>Mental wellbeing</u> POS Summer: Health and wellbeing • Physical health and mental wellbeing • Growing and changing • Keeping safe	• How are you feeling today? by Molly Potter • My Many Coloured Days by Dr Seuss • Little Meerkat's Big Panic by Jane Evans • Monkey Needs to Listen - A book about paying attention by Sue Graves • Anna Angrysauros: A Children's Book About Dealing with Anger by Brian Moses • The Boy Who Built a Wall Around Himself by Ali Redford • The Huge Bag of Worries by Virginia Ironside	Article 19 Governments must do all they can to ensure that children are protected from all forms of violence, abuse, neglect and bad treatment by their parents or anyone else who looks after them.
<u>Relationships and sex education</u> <i>Child Sexual Exploitation (CSE)</i> POS Autumn: Relationships • Friendships and families • Safe relationships • Respecting ourselves and others POS Summer: Health and wellbeing • Growing and changing • Keeping safe	• Hands are not for Hitting by Martine Agassi • Kit Kitten and the Topsy-Turvy Feelings: A Story About Parents Who Aren't Always Able to Care by Jane Evans • The Great Big Book of Families by Mary Hoffman • Usborne: All about families by Felicity Brooks • My Body Belongs To Me From My Head To My Toes by Dagmar Geisler • Some secrets should never be kept by Jayneen Sanders <u>Suggested training:</u> • Protecting children from sexual abuse	Article 9 Children must not be separated from their parents unless it is in their best interests (for example, if a parent is hurting a child). Children whose parents have separated have the right to stay in contact with both parents, unless this might hurt the child. Article 10 Governments must act quickly and sympathetically if a child or their parents want to live together in the same country. If a child's parents live apart in different countries, the child has the right to visit both of them. Article 11 Governments must do everything they can to stop children being taken out of their own country illegally or being prevented from returning. Article 16 Every child has the right to privacy. The law should protect the child's private, family and home life. Article 34 Governments must protect children from sexual abuse and exploitation. Article 37 No child shall be tortured or suffer other cruel treatment or punishment. Article 39

	• Child Sexual Exploitation and Trafficking • Domestic Violence and Abuse • Domestic abuse and the impact on children and the toxic trio • Forced Marriage, honour based violence and female genital mutilation • NSPCC PANTS rule	Children neglected, abused, exploited, tortured or who are victims of war must receive special help to help them recover their health, dignity and self-respect.
Safety <i>Child Criminal Exploitation, Child missing in education, Domestic violence, Fabricated and induced illness, Abuse (including physical, emotional, sexual, domestic and neglect).</i> POS Autumn: Relationships • Friendships and families • Safe relationships • Respecting ourselves and others POS Summer: Health and wellbeing • Growing and changing • Keeping safe	• My Body Belongs To Me From My Head To My Toes by Dagmar Geisler • Some secrets should never be kept by Jayneen Sanders • Floss the Playground Boss by Corrine Averiss • My Body Belongs To Me From My Head To My Toes by Dagmar Geisler • Staying safe at the Playground by Lucia Tarbox Raatma <u>Suggested Training:</u> • Neglect • Fabricated and Induced Illness • Safeguarding children	Article 19 Governments must do all they can to ensure that children are protected from all forms of violence, abuse, neglect and bad treatment by their parents or anyone else who looks after them. Article 27 Every child has the right to a standard of living that is good enough to meet their physical, social and mental needs. Governments must help families who cannot afford to provide this.
Safety in a digital world POS Autumn: Relationships • Safe relationships POS Spring: Living in the wider world • Media literacy and digital resilience POS Summer: Health and wellbeing • Physical health and mental wellbeing	• Chicken Clicking by Jeanne Willis • Goldilocks (A Hashtag Cautionary Tale) (Online Safety Picture Books) by Jeanne Willis and Tony Ross • Webster's friend by Hannah Whaley • SOL Safety Online: Featuring the Hero Husky by Ria Cairns https://www.ceop.police.uk/safetycentre/	Article 17 Every child has the right to reliable information from the media. This should be information that children can understand. Governments must help protect children from materials that could harm them.

Keeping safe	www.Thinkuknow.co.uk - Digital Parenting Magazine published by Vodafone - Thinkuknow PowerPoint - Thinkuknow Steps to Protection - A guide to social media - Media lives by age: a snapshot <u>Suggested Training:</u> - Introduction to online safety - Safeguarding children in a digital world	
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Key Stage Two		
	Suggested Training / Resources / Books	Article
<u>Bullying (including peer on peer abuse)</u> <i>Physical harm, cyber bullying, sexual violence and harassment, gender-based violence and sexting.</i> POS Autumn: Relationships - Friendships and families - Safe relationships - Respecting ourselves and others POS Summer: Health and wellbeing - Physical health and mental wellbeing - Keeping safe	- Marlene, Marlene, Queen of Mean by Jane Lynch - Be Kind By Pat Miller - The way I act by Steve Metzger - My mouth is a volcano by Julia Cook - You, Me and Empathy by Jayneen Sanders	Article 19 Governments must do all they can to ensure that children are protected from all forms of violence, abuse, neglect and bad treatment by their parents or anyone else who looks after them.
<u>Extremism and Radicalisation</u> POS Autumn: Relationships	Let's talk about body boundaries Consent and respect by Jayneen Sanders	Article 2 The Convention applies to everyone: whatever their race, religion or abilities, whatever they think or say, whatever type of family they come from.

• Safe relationships POS Spring: Living in the wider world • Belonging to a community POS Summer: Health and wellbeing • Keeping safe	• No means No! by Jayneen Sanders www.educateagainsthate.com <u>Suggested Training</u> • Prevent	Article 14 Every child has the right to think and believe what they want and to practise their religion, as long as they are not stopping other people from enjoying their rights. Governments must respect the rights of parents to give their children information about this right
<u>Discrimination</u> <i>Faith abuse</i> POS Autumn: Relationships • Respecting ourselves and others • Safe relationships POS Spring: Living in the wider world • Belonging to a community	• No Difference Between Us: Teach children about gender equality, respectful relationships, feelings, choice, self-esteem, empathy, tolerance by Jayneen Sanders • Skin I'm in by Pat Thomas • The Journey by Francesca Sanna	Article 2 The Convention applies to everyone: whatever their race, religion or abilities, whatever they think or say, whatever type of family they come from. Article 14 Every child has the right to think and believe what they want and to practise their religion, as long as they are not stopping other people from enjoying their rights. Governments must respect the rights of parents to give their children information about this right. Article 15 Every child has the right to meet with other children and to join groups and organisations, as long as this does not stop other people from enjoying their rights.
<u>Drugs and substance abuse</u> POS Summer: Health and wellbeing • Keeping safe • Physical health and mental wellbeing	• The Children's Book of Healthy Habits by Sophie Giles • I can be safe by Pat Thomas <u>Suggested Training:</u> • Parental drug and alcohol misuse and safeguarding children	Article 33 Governments must protect children from the use of illegal drugs.
<u>Mental wellbeing</u> POS Summer: Health and wellbeing • Physical health and mental wellbeing • Growing and changing • Keeping safe	• Elemental Island by Kathy Hoopmann • Billy Bramble and The Great Big Cook Off by Sally Donovan • Not Today, Celeste! by Liza Stevens • The Huge Bag of Worries by Virginia Ironside • When Sophie Gets Angry-Really, Really Angry by Molly Bang • Anna Angrysaurus: A Children's Book About	Article 19 Governments must do all they can to ensure that children are protected from all forms of violence, abuse, neglect and bad treatment by their parents or anyone else who looks after them.

	Dealing with Anger by Brian Moses The Boy Who Built a Wall Around Himself by Ali Redford	
<u>Relationships and sex education</u> <i>Child Sexual Exploitation (CSE), FGM and Forced marriage.</i> POS Autumn: Relationships - Friendships and families - Safe relationships - Respecting ourselves and others POS Summer: Health and wellbeing - Growing and changing - Keeping safe	- The Great Big Book of Families by Mary Hoffman - Usborne: What's happening to me? Boys and Girls versions. https://basisyorkshire.org.uk/resource/alright-charlie-cse-primary-school-resource/ 'Alright Charlie': This resource is designed for use with children aged 9-11 in primary schools and aims to highlight the warning signs of grooming in an age appropriate way. The film is seen through the eyes of Charlie who is groomed by Danny. The resource was designed in consultation with CSE professionals, primary schools teachers and children in years 5 and 6 in primary schools. The resource is accessible to girls AND boys with the viewer never discovering Charlie's gender. The work book and teacher guidance to accompany the resource is available to download for free from the Blast website. <u>Suggested training:</u> - Protecting children from sexual abuse - Child Sexual Exploitation and Trafficking - Domestic Violence and Abuse - Domestic abuse and the impact on children and the toxic trio - Forced Marriage, honour-based violence and female genital mutilation	Article 11 Governments must do everything they can to stop children being taken out of their own country illegally or being prevented from returning. Article 16 Every child has the right to privacy. The law should protect the child's private, family and home life. Article 34 Governments must protect children from sexual abuse and exploitation. Article 37 No child shall be tortured or suffer other cruel treatment or punishment. Article 39 Children neglected, abused, exploited, tortured or who are victims of war must receive special help to help them recover their health, dignity and self-respect.
<u>Safety</u> <i>Child Criminal Exploitation (including county lines,</i>	The Children's Book of Healthy Habits by Sophie Giles	Article 19 Governments must do all they can to ensure that children are protected from all forms of violence, abuse, neglect and bad treatment by their parents or anyone else who looks after them.

trafficking and modern slavery), Child missing in education, Domestic violence, Fabricated and induced illness, Abuse (including physical, emotional, sexual, domestic and neglect). POS Autumn: Relationships • Friendships and families • Safe relationships • Respecting ourselves and others POS Spring: Living in the wider world • Belonging to a community POS Summer: Health and wellbeing • Growing and changing • Keeping safe	• I can be safe by Pat Thomas • Lets talk about body boundaries Consent and respect by Jayneen Sanders • The Children's Book of first aid skills by Sophie Giles <u>Suggested Training:</u> • Neglect • Fabricated and Induced Illness • Safeguarding children	Article 27 Every child has the right to a standard of living that is good enough to meet their physical, social and mental needs. Governments must help families who cannot afford to provide this.
<u>Safety in a digital world</u> Sexing, age restrictions, personal data, online abuse, grooming and live streaming. POS Autumn: Relationships • Safe relationships POS Spring: Living in the wider world • Media literacy and digital resilience POS Summer: Health and wellbeing • Physical health and mental wellbeing • Keeping safe	• Troll stinks by Jeanne Willis • Webster's friend by Hannah Whaley • SOL Safety Online: Featuring the Hero Husky by Ria Cairns • Usborne Staying Safe Online https://www.ceop.police.uk/safety-centre/ www.Thinkuknow.co.uk • Thinkuknow PowerPoint • Thinkuknow Steps to Protection • A guide to social media • Media lives by age: a snapshot <u>Suggested Training:</u> • Introduction to online safety • Safeguarding children in a digital world • Dfe: Teaching online safety in school	Article 17 Every child has the right to reliable information from the media. This should be information that children can understand. Governments must help protect children from materials that could harm them.

UN Convention on the Rights of the Child In Child Friendly Language



Article 1
Everyone under 18 has these rights.

Article 2
All children have these rights, no matter who they are, where they live, what their parents do, what language they speak, what their religion is, whether they are a boy or girl, what their culture is, whether they have a disability, whether they are rich or poor. No child should be treated unfairly on any basis.

Article 3
All adults should do what is best for you. When adults make decisions, they should think about how their decisions will affect children.

Article 4
The government has a responsibility to make sure your rights are protected. They must help your family to protect your rights and create an environment where you can grow and reach your potential.

Article 5
Your family has the responsibility to help you learn to exercise your rights, and to ensure that your rights are protected.

Article 6
You have the right to be alive.

Article 7
You have the right to a name, and this should be officially recognised by the government. You have the right to a nationality (to belong to a country).

Article 8
You have the right to an identity – an official record of who you are. No one should take this away from you.

Article 9
You have the right to live with your parent(s), unless it is bad for you. You have the right to live with a family who cares for you.

Article 10
If you live in a different country than your parents do, you have the right to be together in the same place.

Article 11
You have the right to be protected from kidnapping.

Article 12
You have the right to give your opinion, and for adults to listen and take it seriously.

Article 13
You have the right to find out things and share what you think with others, by talking, drawing, writing or in any other way unless it harms or offends other people.

Article 14
You have the right to choose your own religion and beliefs. Your parents should help you decide what is right and wrong, and what is best for you.

Article 15
You have the right to choose your own friends and join or set up groups, as long as it isn't harmful to others.

Article 16
You have the right to privacy.

Article 17
You have the right to get information that is important to your well being, from radio, newspaper, books, computers and other sources. Adults should make sure that the information you are getting is not harmful, and help you find and understand the information you need.

Article 18
You have the right to be raised by your parent(s) if possible.

Article 19
You have the right to be protected from being hurt and mistreated, in body or mind.

Article 20
You have the right to special care and help if you cannot live with your parents.

Article 21
You have the right to care and protection if you are adopted or in foster care.

Article 22
You have the right to special protection and help if you are a refugee (if you have been forced to leave your home and live in another country), as well as all the rights in this Convention.

Article 23
You have the right to special education and care if you have a disability, as well as all the rights in this Convention, so that you can live a full life.

Article 24
You have the right to the best health care possible, safe water to drink, nutritious food, a clean and safe environment, and information to help you stay well.

Article 25
If you live in care or in other situations away from home, you have the right to have these living arrangements looked at regularly to see if they are the most appropriate.

"Rights" are things that every child should have or be able to do. All children have the same rights. These rights are listed in the United Nations (UN) Convention on the Rights of the Child. Almost every country has agreed to these rights. All the rights are connected to each other, and all are equally important. Sometimes, we have to think about the rights in terms of what is the best for children in a situation, and what is critical to life and protection from harm. As you grow, you have more responsibility to make choices and exercise your rights.

Article 26
You have the right to help from the government if you are poor or in need.

Article 27
You have the right to food, clothing, a safe place to live and to have your basic needs met. You should not be disadvantaged so that you can't do many of the things other kids can do.

Article 28
You have the right to a good quality education. You should be encouraged to go to school to the highest level you can.

Article 29
Your education should help you use and develop your talents and abilities. It should also help you learn to live peacefully, protect the environment and respect other people.

Article 30
You have the right to practice your own culture, language and religion – or any you choose. Minority and indigenous groups need special protection of this right.

Article 31
You have the right to play and rest.

Article 32
You have the right to protection from work that harms you, and is bad for your health and education. If you work, you have the right to be safe and paid fairly.

Article 33
You have the right to protection from harmful drugs and from the drug trade.

Article 34
You have the right to be free from sexual abuse.

Article 35
No one is allowed to kidnap or sell you.

Article 36
You have the right to protection from any kind of exploitation (being taken advantage of).

Article 37
No one is allowed to punish you in a cruel and harmful way.

Article 38
You have the right to protection and freedom from war. Children under 15 cannot be forced to go into the army or take part in war.

Article 39
You have the right to help if you've been hurt, neglected, or badly treated.

Article 40
You have the right to legal help and fair treatment in the justice system that respects your rights.

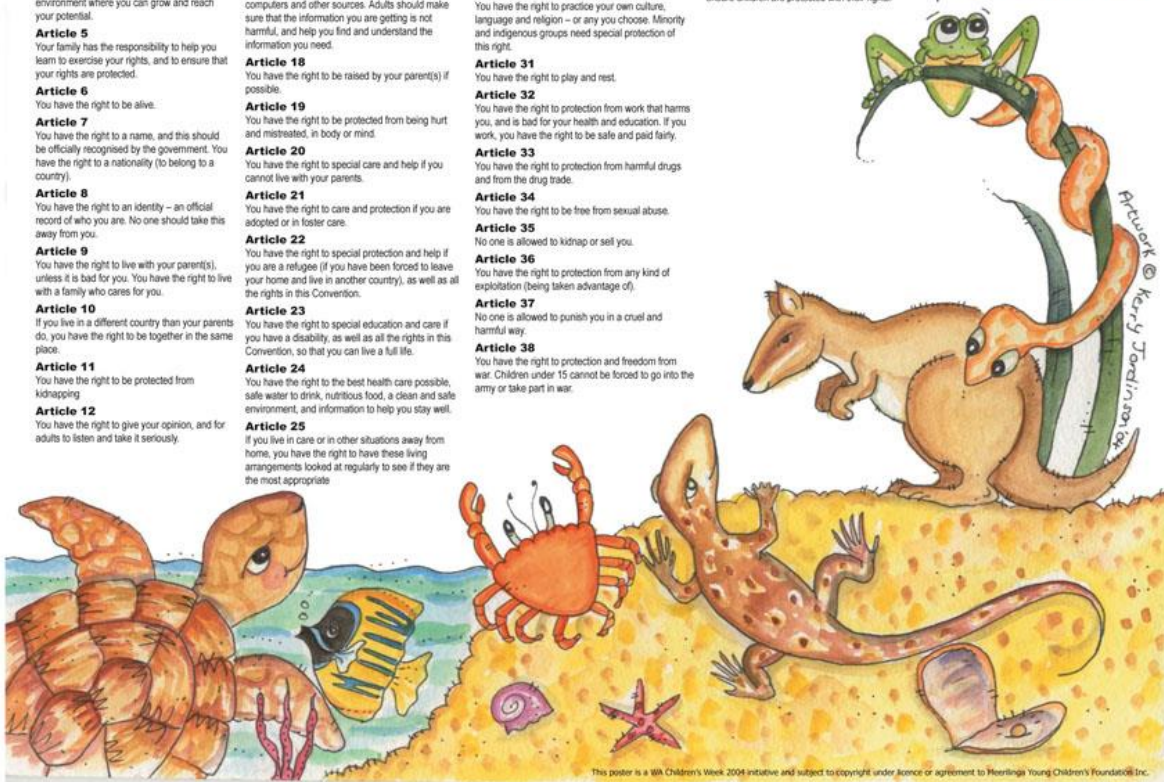
Article 41
If the laws of your country provide better protection of your right than the articles in this Convention, those laws should apply.

Article 42
You have the right to know your rights! Adults should know about these rights and help you learn about them, too.

Article 43 to 54
These articles explain how governments and international organisations like UNICEF will work to ensure children are protected with their rights.



A collaborative
Children's Week Project
of the
ACT Children's Week Committee



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S

SAFE

Keep safe by being careful not to give out personal information – such as your full name, email address, phone number, home address, photos or school name – to people you are chatting with online.

M

MEETING

Meeting someone you have only been in touch with online can be dangerous. Only do so with your parents' or carers' permission and even then only when they can be present.



A

ACCEPTING

Accepting emails, IM messages, or opening files, pictures or texts from people you don't know or trust can lead to problems – they may contain viruses or nasty messages!



R

RELIABLE

Information you find on the internet may not be true, or someone online may be lying about who they are.



T

TELL

Tell your parent, carer or a trusted adult if someone or something makes you feel uncomfortable or worried, or if you or someone you know is being bullied online.

You can report online abuse to the police at www.thinkuknow.co.uk

**THINK
U
KNOW**



Logo What is it?	What is it used for?	One risk for children and young people?
 YouTube	Video sharing	Access to inappropriate content.
 Pinterest	Photo/image sharing	Pin boards can be followed. Offenders may be able to learn of common interests to potentially groom a child.
 WhatsApp	Private and group messaging app	Messages can instantly be broadcast to a large group.
 Yovo	Send and share photos with a screenshot blocker	The screenshot blocker needs to be controlled by the user, increasing the chance of user error.
 Skype	Video/webcam calls online and via the app	Webcam feeds can be recorded/faked.
 YouTube Now	Similar to YouTube but live video streaming	Users 'follow' each other and comment on videos meaning potential for contact with strangers
 Ask.fm	Anonymous question based social networking	Cyberbullying.
 Snapchat	Photo messaging app	Photos can be grabbed via screenshot and sent on to others.
 Spotify	Music sharing	Offenders could learn of common interests through shared playlists to potentially groom a child.
 Club Penguin	Massively multiplayer online game set in virtual world	Grooming.
 F*** My Life	Blog posts of short, user generated stories of unfortunate happenings	Cyberbullying, trolling and abuse and unwanted contact
 YikYak	Anonymous local based 'bulletin board' app	Cyberbullying.
 Facebook Messenger	Instant messenger for Facebook Friends	Unwanted contact from strangers.
 BlackBerry Messenger	Instant messenger and video calls	Messages can be broadcast to whole network.

Logo What is it?	What is it used for?	One risk for children and young people?
 Vine	Six-second video sharing site	Exposure to inappropriate content.
 Moshi Monsters	Virtual gaming aimed at 6-14 years	Grooming.
 Tinder	Location based dating app	GPS reveals yp's location.
 Instagram	Photo/ image sharing	Feed can be followed. Offenders may be able to learn of common interests to potentially groom a child.
 FaceTime	Video/webcam calls online and via the app	Webcam feeds can be recorded/faked.
 Kik	Social networking messaging app	Exposure to sexualised conversation.
 Twitter	Social networking with limited characters	Trolling abuse.
 Grindr	Male-to-male location based dating app	Exposure to highly sexualised conversation and imagery.
 Whisper	Anonymous social networking app	Cyberbullying.
 Tumblr	Social networking and blog host	Exposure to harmful material.
 HER	Female-to-female location based dating app	Exposure to highly sexualised conversation and imagery.
 ooVoo	Video chat app allowing video chat with upto 12 people via webcam.	Indecent imagery, exposure to strangers.